



### Screening

(acc. to international medical guidelines)

# Annual set of analyses without medical recommendation\*

Classic Papanicolau test / PSA	included 1/yr
Urinalysis	included 1/yr
Blood glucose	included 1/yr
LDL cholesterol	included 1/yr
HDL cholesterol	included 1/yr
Triglycerides	included 1/yr
Complete blood count	included 1/yr
ESR	included 1/yr
Transaminases (TGO, TGP)	included 1/yr
Serum creatinine	included 1/yr
Total cholesterol	included 1/yr

<sup>\*</sup> For laboratory investigations that are included with a limit (1 / year, 2 / year), the limit applies from the moment the patient accesses the service, not from the time of signing the contract.

# Emergency Medicine

Hotline Medical** - 24/7	included
Emergency Rooms*	
Euroclinic Hospital: Mon Sun., 08:00 - 20:00	20% disc.
Ponderas Academic Hospital: 24/7	20% disc.
Brasov Hospital: 24/7 Cluj Hospital: 24/7	20% disc. 20% disc.

#### Obstetrics-Gynecology Emergency Room\*

Baneasa Hospital: 24/7	20% disc.
Baneasa Hospital: 24/7	20% disc.

<sup>\*</sup> The discount refers to the checkup in the Emergency Room. Used medical supplies and medication are not included in the Emergency Rooms. Laboratory analyses performed as an emergency benefit from a discount according to the subscription, except for imaging services, where the applicable discount is 20%.

# Laboratory analyses

#### Departments\* (more than 300 indicators)

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Bacteriology Biochemistry Electrophoresis Electrolytes Enzymes Urine examination Hematology Hemostasis and coagulation Hormones Immunology Tumor/infection markers Viral markers Papanicolau in liquid medium Parasitology	50% discount according to Analyses Annex with recommendation from RM physician
Drug testing COVID-19 testing, PCR and antibodies	20% discount 20% discount

<sup>\*</sup> One department includes several types of tests; the discount is granted to the investigations included in the Laboratory Analyses Annex.

Analyses not included in the Annex will be fully paid.

### Medical specialties

# consultations and medical check-ups

#### General and Internal Medicine

checkup / examination included 6/yr\*

Issuance of certificates / medical certificates\*\* included

Issuance of prenuptial certificates\*\* included

Nutrition 20% discount

#### 6 / year\* at choice from the list below

Allergology and clinical immunology
Infectious diseases
Cardiology
General surgery
Dermatology
Diabetes and metabolic diseases
Endocrinology
Gastroenterology
Diabetes and metabolic diseases
Endocrinology
Gastroenterology
Diabetes and metabolic diseases
Endocrinology
Diabetes and metabolic diseases

Endocrinology Psychiatry
Gastroenterology Medical recovery
Hematology Rheumatology
Nephrology Urology
Neurology

\* 50% discount after consuming the consultations included in the subscription. For specialized consultations which are included with a limit (3 / year), the limit applies from the moment the subscription is activated.

# Imaging and other medical investigations

Radiology	50% disc.	Dermatological procedures	50% disc
Ortho-spine	50% disc.	(biopsies)	
Ortho-leg	50% disc.	Upper and lower digestive endoscopy	50% disc.
Hysterosalpingography	50% disc.	• ,	FO0/ diag
Classic/digital mammography	50% disc.	Fibroscopy	50% disc.
Osteodensitometry	50% disc.	Rectosigmoidoscopy	50% disc.
,		Opthalmoscopy	50% disc.
CT / MRI	10% disc.	Audiometry	50% disc.
2D, 3D & 4D ultrasound	50% disc.	,	
Doppler ultrasound	50% disc.	Simple spirometry	50% disc.
		Spirometry with	50% disc.
Barium enema	50% disc.	bronchodilator test	
Urography	50% disc.	Colposcopy	50% disc.
EKG / stress EKG	50% disc.	Prick skin allergic tests	50% disc.
Holter EKG / Holter BP	50% disc.	Simple EEG	50% disc.
Microsurgery procedures	50% disc.	1	
		Prescription of eye glasses	50% disc.
Dermatological investigations	50% disc.		
Dermatological procedures (cautery, excisions)	50% disc.		

# Special services

#### Access to physicians in Academic Partnership

(renowned physicians, university professors)

Included access according to subscription 10% disc.

One Day Checkup Package

<sup>\*\*</sup> Medical advice by telephone in case of an emergency - 24/7. Hotline Medical – 021 9942.

<sup>\*\*</sup> The auto papers are not included; the issuance of the certificate is subject to a prior checkup.

<sup>\*\*\*</sup> The subscription offers direct access to the medical specialties listed in this annex. If the subscriber wants to access medical services with a specific physician or in a specific location, additional costs may be charged, depending on the subscription and discounts he/she holds.



### **Own Polyclinics**

The subscription also gives you access to more than 310 partner clinics across the country. The full list may be found here: https://www.reginamaria.ro/clinici-partenere

- 1. Lujerului Polyclinic
- 2. Orhideea Polyclinic
- 3. BBP (Bucharest Business Park) Polyclinic
- 4. Aviatiei Polyclinic (Occupational Medicine)
- 5. Pipera Polyclinic
- 6. The Light Polyclinic
- 7. Primaverii Polyclinic
- 8. Enescu Polyclinic Building A and B
- 9. Baneasa Polyclinic
- 10. Floreasca Polyclinic
- 11. Sun Plaza Polyclinic
- 12. Cotroceni Polyclinic
- 13. Doamna Ghica Polyclinic
- 14. Titu Maiorescu Polyclinic
- 15. Victoriei Polyclinic
- 16. Perla Polyclinic
- 17. Baneasa Hospital Outpatient Department: Obstetrics-Gynecology
- 18. Euroclinic Hospital Outpatient Department
- 19. Cluj Hospital Outpatient Department

- 20. Baia Mare Somesan Hospital Outpatient Department
- 21. Timisoara Premiere Hospital Outpatient Department
- 22. Targu Mures Puls Hospital Outpatient Department
- 23. Polyclinic in Brasov Medical Campus
- 24. Brasov Calea Bucuresti Polyclinic: Occupational Medicine
- 25. Brasov Centrul Civic Polyclinic
- 26. Craiova Universitatii Polyclinic
- 27. Craiova Central Polyclinic
- 28. Craiova Occupational Medicine Center
- 29. Slatina Polyclinic
- 30. Cluj Pasteur Polyclinic
- 31. Cluj Muzeului Polyclinic
- 32. Cluj Occupational Medicine Polyclinic
- 33. Cluj Observatorului Polyclinic
- 34. Cluj Vaida Voievod Polyclinic: Occupational Medicine

- 35. Pitesti Central Polyclinic
- 36. Pitesti Bratianu Polyclinic
- 37. Constanta Tomis Polyclinic
- 38. Constanta Delfinariu Polyclinic
- 39. Constanta Gastromond Polyclinic
- 40. Constanta Pozimed Polyclinic
- 41. Polyclinic in Bacau Medical Campus
- 42. Ploiesti Regina Maria Polyclinic
- 43. Lugoj Polyclinic
- 44. Polyclinic in Iasi Medical Campus
- 45. Timisoara Iulius Mall Polyclinic
- 46. Timisoara Piata 700 Polyclinic
- 47. Timisoara Piata 700 Polyclinic: Occupational Medicine Center
- 48. Timisoara Dr. Grigoras Polyclinic
- 49. Polyclinic in Targu Mures Medical Campus
- 50. Tulcea Polyclinic

### **Ponderas Academic Hospital**

Services in Ponderas Academic Hospital may be accessed with 20% discount. Medical services related to Orthopedics are included, according to the subscription.

### Oana Nicolau Psychoterapy Clinic

Services in Oana Nicolau Psychoterapy Clinic may be accessed with 20% discount.

### Medical analysis points

Bucharest, Buzau, Bacau, Brasov, Calarasi, Craiova, Cluj, Constanta, Íasi, Pitesti, Ploiesti, Sibiu, Timisoara. Access with **20% discount**.

Details on https://www.reginamaria.ro/laborator/locatii-recoltare-analize

### **Pregnancy**

All services included in the subscription, for free or discounted, may also be accessed during pregnancy

#### **Dentistry**

1 checkup, 1 brushing and 1 descaling for free/year, up to 20% discount for other services except for orthodontics and implantology through partner clinics. Full list of partner dental clinics: https://www.reginamaria.ro/node/11536

Note: The price of subscriptions is expressed in RON / person / month. The payment of the subscription will be performed in advance, quarterly / half-yearly / annually.

Áll thé investigations 100% included in these subscriptions may be accessed with referral note from any physician, within or outside REGINA MARIA Network. The remaining services in the subscription remain unchanged.

The subscription is nominal, non-transferable and it is addressed to persons aged between 18 and 65 years.

Services which are not listed in this Annex or in the detailed annexes thereto will be fully paid according to the prices in force at the time of accessing them. List of standard prices for medical investigations, depending on location: https://www.reginamaria.ro/clinici



# COMFORT PLUS Adults

# **Laboratory Analyses Annex**

Anti-Blood Group A Ab Anti-Blood Group B Ab

Anti-Nuclear Ab (ANA) qualitative test (ANA)

Anti-Rh Ab (D)

Anti-Epstein Barr VCA IgG Ab

Anti-Epstein Barr VCA IgM Ab

Urinary hippuric acid

Uric acid (serum)

Uric acid (urine)

AFP (alpha 1 fetoprotein)

Albumin (serum) Urinary albumin

Alpha1 antitrypsin (AAT)

Amylase (serum)

Amylase (urine)

Ammonia

Anal print

Angiotensin convertase (ACE)

**ANTI TPO** 

Streptococcus pneumoniae antibiogram

Cervix secretion Chlamydia antigen

Urethra secretion Chlamydia antigen

Urine Chlamydia antigen

Other secretions Chlamydia antigen

Giardia antigen (faeces)

Apolipoprotein A1

Apolipoprotein B

APTT (Activated partial thromboplastin time)

ASLO quantitative test

Beta hCG

Direct bilirubin

Indirect bilirubin

Total bilirubin

C3 (Complement C3)

C4 (Complement C4)

CA 125 (ovary, bile ducts)

CA 15 / 3 (mammary gland)

CA 19 /9 (pancreas, esophagus, rectum)

Calcitonin (CALCI)

Calcium (urine)

Ionic calcium (serum)

Serum calcium

CEA (carcinoembriogenic antigen)

Lupus cells (latex)

Chlamydia trachomatis IgA Ab

Chlamydia trachomatis IgG Ab

CIC (Circulating immune complexes) (C1QBI)

CK (Creatin phospho kinase)

CK MB (Creatin kinase MB isoenzyme)

Ionogram (sodium, potassium, chlorine)

Chlorine (serum)

Chlorine other fluids

Chlorine (urine)

CMV (Cytomegalovirus) IgG Ab

CMV (Cytomegalovirus) IgM Ab

Total cholesterol

Cholinesterase (CHE)

Leukocyte concentrate

Coprocytogram

Stool culture with antibiogram if required

Stool culture antibiogram

Stool culture

Cortisol (serum) (CORT)

Creatinine (serum)

Creatinine (urine)

Cryoglobulines

TIBC - Total Iron-Binding Capacity

Determination of Rh factor (D)

Determination of blood group (A,B,O)

Hemoglobin electrophoresis (HEL)

Lipoprotein electrophoresis

Serum protein electrophoresis

Estradiol

Unconjugated estriol

Cytological examination of blood smear

Mycological examination of other biological products

Mycological examination of other products antifungigram

Examination of other biological products (microscopic, bacteriological, antibiogram if required)

Microscopic examination of other biological products

Bacteriological examination of other biological products

Other biological products antibiogram Examination of other biological products (microscopic, bacteriological, mycological, antibiogram, antifungigram if required)

Coproparasitological examination (I)

Coproparasitological examination (II)

Coproparasitological examination (III)

Examination of puncture fluids (microscopic, bacteriological antibiogram if required)

bacteriological, antibiogram if required)
Microscopic examination of puncture fluids

Bacteriological examination of puncture fluids Examination of puncture fluids antibiogram (if

Examination of puncture fluids (microscopic, bacteriological, mycological, antibiogram, antifungigram if required)

Mycological examination of puncture fluids Mycological examination of puncture fluids antifungigram

Examination of puncture fluids (microscopic, mycological, antifungigram if required)

Microscopic examination of dermatophytes Microscopic examination of pharyngeal exudate for fusospirili

Microscopic examination on puncture fluids smear

Microscopic examination of nasal secretion for eosinophils Conventional Papanicolau examination Mycological examination of product coming from purulent collection

Mycological examination of purulent collection antifungigram

Examination of product coming from purulent collection (mycological, antifungigram if required)

Examination of product coming from purulent collection (microscopic, bacteriological, antibiogram if required)
Bacteriological examination of product coming from purulent collection

Microscopic examination of product coming from purulent collection

Examination of product coming from purulent collection antibiogram (if required)

Examination of product coming from purulent collection (microscopic, bacteriological, mycological, antibiogram, antifungigram if required)

Examination of lingual scraping (microscopic, mycological, antifungigram if required)

Microscopic examination of lingual scraping

Mycological examination of lingual scraping

Examination of lingual scraping antifungigram (if required)

Examination of cervix secretion (bacteriological, mycological, antibiogram, antifungigram if required) Bacteriological examination of cervix

Mycological examination of cervix secretion

Examination of cervix secretion antifungigram (if required)

secretion

required)

Examination of cervix secretion antibiogram (if required)

Examination of mammary secretion (bacteriological, antibiogram if required)
Bacteriological examination of mammary secretion

Examination of mammary secretion antibiogram (if required)

Examination of sputum (microscopic, mycological, antifungigram if required)

Microscopic examination of sputum Mycological examination of sputum antifungigram (if required)

Mycological examination of sputum Examination of sputum (microscopic, bacteriological, antibiogram if required) Bacteriological examination of sputum Examination of sputum antibiogram (if

Examination of sputum (microscopic, bacteriological, mycological, antibiogram, antifungigram if required)

The discount for laboratory analyses listed above is offered according to the medical services subscription mentioned in the Subscription Annex. Discount is offered exclusively for the Double test by the classic method (Prisca); the other methods are paid at list price



# COMFORT PLUS Adults

# **Laboratory Analyses Annex**

Pharyngeal exudate (bacteriological, antibiogram if required)

Bacteriological examination of pharyngeal exudate

Pharyngeal exudate antibiogram (if required) Pharyngeal exudate (bacteriological, mycological, antibiogram, antifungigram if required)

Pharyngeal exudate (mycological, antifungigram if required)

Mycological examination of pharyngeal exudate

Pharyngeal exudate antifungigram (if required)

Nasal exudate (bacteriological, antibiogram if required)

Bacteriological examination of nasal exudate Nasal exudate antibiogram (if required)

Fibrinogen Iron (serum)

Prostatic acid phosphatase Total acid phosphatase Alkaline phosphatase

Phosphorus (serum)

Phosphorus (urine)

RF (rheumatoid factor) quantitative test

RF (rheumatoid factor) Waaler Rose reaction

Free T3 Free T4

FSH (follicular stimulating hormone) GGT (Gama glutamyl transferase)

Glucose (serum) Glucose (other fluids) Glucose (urine) HAV IgM Ab

HBc IaM Ab (AHBCM)

HBc total Ab HBe Ab (AHBE)

HAV total Ab

Hbe Ag HBs Ab HBs Ag

HCG (human chorionic gonadotropin)

HCG + beta subunit

HCV Ab

HDL Cholesterol

HDV Ag

 $\label{lem:eq:helicobacter} \textit{Helicobacter pylori IgG Ab / quantitative test}$ 

Glycosylated hemoglobin / HbA1c

Complete blood count

Occult bleeding /Adler test (faeces)

HIV (1/2) / Ab Immunoglobulin A Immunoglobulin E Immunoglobulin G Immunoglobulin M

LDH (Lactate dehydrogenase)

LDH (Lactate dehydrogenase) in CSF (cerebrospinal fluid)

LDH other fluids

LDL cholesterol

LH (luteinizing hormone)

Lipase (LIPA) Total lipids

Listeria monocytogenes total Ab (LISK)

Lithium (serum) (LI) Magnesium (serum) Magnesium (urine) Sampling maneuver

Microalbuminuria

Mycoplasma hominis / Ureaplasma urealyticum (culture, identification, antibiogram if required)

Mycoplasma hominis / Ureaplasma urealyticum culture

Mycoplasma hominis / Ureaplasma urealyticum identification

Mycoplasma hominis / Ureaplasma urealyticum antibiogram (if required)

Serum osmolarity Urinary osmolarity

PAPP A (pregnancy-associated plasma protein)

CRP (C reactive protein) quantitative test

Faeces PH

Potassium (serum) Potassium (urine) Digestion test (faeces)

Lipid profile (cholesterol, HDL, LDL

cholesterol, triglycerides)

Progesterone Prolactin

Total proteins (serum)
Total proteins (urine)
Total proteins other fluids
PSA (prostate specific Ag)

Rubella IgG Ab Rubella IgM Ab BLSE screening

Gestational diabetes screening

MRSA screening

Genital secretion (smear and culture)

Genital secretion smear Genital secretion culture

Mammary secretion (bacteriological, mycological, antibiogram, antifungigram if required)

Mycological examination of mammary

secretion

Bacteriological examination of mammary secretion

Mammary secretion antibiogram
Mammary secretion antifungigram (if required)

Nasal secretion (smear)

Eye secretion (microscopic,

bacteriological, antibiogram if required)

Eye secretion microscopic

Eye secretion antibiogram (if required)
Bacteriological examination of eye
secretion

Eye secretion (microscopic,

bacteriological, mycological, antibiogram, antifungigram if required)

Eye secretion (microscopic, mycological, antifungigram if required)

Mycological examination of eye secretion

Eye secretion antifungigram (if required)
Ear secretion (microscopic,

bacteriological, antibiogram if required)

Ear secretion (microscopic,

bacteriological, mycological, antibiogram,

antifungigram if required)

Microscopic examination of ear secretion Bacteriological examination of ear secretion

Ear secretion antibiogram (if required)
Ear secretion (microscopic, mycological, antifungigram if required)

Mycological examination of ear secretion Ear secretion antifungigram (if required)

Balanopreputial groove secretion (microscopic, bacteriological, antibiogram if required)

Balanopreputial groove secretion (microscopic, bacteriological,

mycological, antibiogram, antifungigram if required)

II required

Microscopic examination of balanopreputial groove secretion Bacteriological examination of balanopreputial groove secretion

Balanopreputial groove secretion antifungigram (if required) Mycological examination of

balanopreputial groove secretion Examination of balanopreputial groove

antifungigram

Balanopreputial groove secretion (microscopic, mycological, antifungigram if required)

Urethral secretion (microscopic, bacteriological, antibiogram if required)

Urethral secretion microscopic
Bacteriological examination of urethral

secretion secretion

Mycological examination of urethral secretion

Urethral secretion antibiogram
Urethral secretion antifungigram
Urethral secretion (microscopic,
mycological, antifungigram if required)

Vaginal secretion (smear)

Bacteriological examination of vaginal secretion

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# COMFORT PLUS **Adults**

### Laboratory Analyses Annex

Vaginal secretion antibiogram

Vaginal secretion (microscopic,

bacteriological, mycological, antibiogram,

antifungigram if required)

Mycological examination of vaginal secretion

Vaginal secretion antifungigram

Vaginal secretion (microscopic, mycological,

antifungigram if required)

Vulvar secretion (smear) Syphilis serology RPR qualitative test

Sodium (serum)

Sodium (urine)

Sperm culture (with antibiogram if required)

Sperm culture

Sperm culture antibiogram

Urinalysis

Urinary sediment

Urinalysis and sediment

Total T3 (tri-iodothyronine)

Total T4 (thyroxine)

Total testosterone

COVID-19 tests, PCR and antibodies

TGO (ASAT / AST)

TGP (ALAT / ALT)

Prothrombin time (Quick time) (PT, AP, INR)

Toxoplasma Gondii IgG Ab

Toxoplasma Gondii IgM Ab

Toxoplasma Gondii IgG avidity index (TAVGE)

TPHA qualitative test

TPHA quantitative test

**Trialycerides** 

TSH (thyroid stimulating hormone)

TTGO 75g glucose powder

TTGO glucose tolerance test with 2 levels of

blood glucose

TTGO glucose tolerance test with 4 levels of

blood glucose

TTGO glucose tolerance test with 5 levels of

blood glucose

Urea (serum)

Urea (urine)

**VLDL** Cholesterol

ESR (erythrocyte sedimentation rate)

Urine culture with antibiogram (if required)

Urine culture

Urine culture antibiogram

Native microscopic examination of urine

Stained microscopic examination of urine

culture

Urine culture fungal culture Urine culture antifungigram

Bronchial secretion - bacterial culture

Bronchial secretion - antibiogram

Bronchial secretion - fungal culture Bronchial secretion (bacterial culture.

fungal culture, antifungigram, antibiogram if required)

Bronchial secretion bacterial culture,

antibiogram if required

Bronchial secretion fungal culture,

antifungigram if required

Bronchial secretion - antifungigram

Bronchoalveolar lavage - bacterial culture

Bronchoalveolar lavage - fungal culture

Bronchoalveolar lavage - antibiogram

Bronchoalveolar lavage - antifungigram

Bronchial aspirate bacterial culture

Bronchial aspirate fungal culture

Bronchial aspirate antibiogram

Bronchial aspirate antifungigram

Tracheal secretion bacterial culture

Tracheal secretion fundal culture

Tracheal secretion antibiogram Tracheal secretion antifungigram

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